

Fun Fitness



Main Focus:

Balance & coordination
Physical condition & improve power

South Brent Old School

Every Saturday

7:45 - 8:30am

Also weekly sessions for all levels:

- Lanscove Victory Hall, Monday 5:00 – 7 pm
- Buckfastleigh Town Hall, Tuesday 9:30 – 10:15 am
- Broadhempston Village Hall, Wednesday 5:00 – 6 pm
- Staverton Courtroom, Thursday 8:45 – 10:45 am
- St. Andrews Church hall, Friday 1:00 – 1:45 pm

Bookings can be made via *Lennart de Vos*
on lennartdevosvtm@gmail.com or 07883751401

Please email to book your slot.

1x FREE try-out lessons